

**WE ARE STANDING UP AGAINST BULLYING,  
ARE YOU?**



2017



Irish Open Coaches Technical Handbook

3/1/2017

# Irish Open International 2017

Dear Coach,

Firstly let me thank you for supporting this year's Irish Open International, we are very proud at the continued support and development of our tournament. Please remember the Irish Open is UNIQUE, all profits go to a children's charity, and **NOBODY** gets paid. ( [www.ispcc.ie](http://www.ispcc.ie) ) We are delighted to be working with and collaborating with Peace and Sport and amazing organisation promoting understanding, tolerance and peace through sport.

Some **VERY** important points to note, please ensure your students are aware.

## 1 WEIGHT AND REGISTRATION CONTROL ALL DISCIPLINES

- a. Thursday 10am – 10pm ( First floor Main Arena )
- b. Friday 9am – 12 noon ( First Floor Main Arena )

## 2 RING SPORTS MEDICAL CHECK

- a. 10am – 12 noon

## 3 COMPETITION START TIMES ALL AREAS.

- a. Friday 3pm
- b. Saturday 9am
- c. Sunday 9am

## 4 CHANGES TO REGISTRATION/CHECK IN

All Corrections and or omissions must be given to Administration between 8pm and 9pm on Friday 3<sup>rd</sup> March. No corrections can be made after that time. It is the responsibility of the coach to check the draws.



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## 5 **COACHES RESPONSIBILITY**

All coaches and competitors should actively and regularly check the Sport Data website

([https://live.sportdata.org:8443/kickboxing/sportdata\\_live\\_blog/index.php](https://live.sportdata.org:8443/kickboxing/sportdata_live_blog/index.php)) for the live link and tracking of tatami schedule.

No Waiting for Coaches it is the responsibility of a club to have sufficient instructors and coaches to cover their team. 1 minute wait rule applies

## 6 **ELBOW PADS**

- a. Elbow pads are now compulsory for All Point Fighting divisions in WAKO under its revised health and Safety rules. A stall will be on hand at the weekend selling elbow pads which your students can purchase. But they are MANDATORY in Point Fighting all ages and grades.

## 7 **FULL CONTACT & K1**

- a. Medical Check Friday 10am – 12 noon
- b. All Fighters MUST present a fit to fight letter stamped and signed by a doctor to compete, this letter must be presented to the Doctor at Medical Check.
- c. You are NOT required to weight control each day
- d. Competition starts for you on Friday at 3PM

## 8 **RULES ON GRAND CHAMPION TEAMS AND CASH PRIZES**

### a. **Grand Champion**

- i. You cannot fight in Grand Champions if you have not fought Individually, if you pull out for any reason you are automatically disqualified from Grand Champion ( No refund)



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## ii. Cash Prizes

### 1. Men

- a. Winner Individual Division AND Grand Champion €1,250
- b. Winner Grand Champion Only €625

### 2. Women

- a. Winner Individual Division AND Grand Champion €750
- b. Winner Grand Champion Only €375

### 3. Junior ( Male and Female)

- a. Winner Grand Champion €150

## b. Team Event

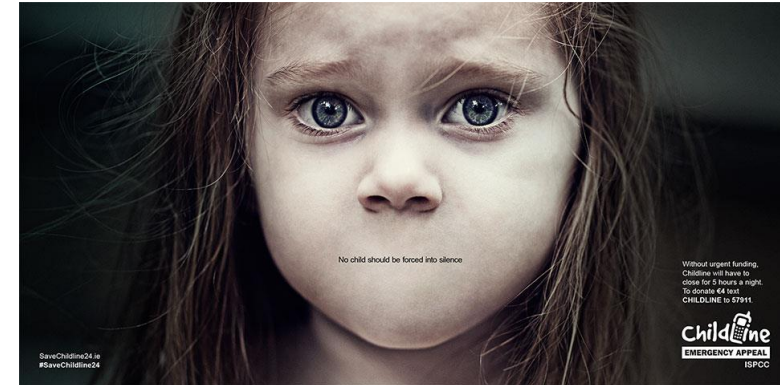
- i. You cannot fight in Teams unless you are registered in an individual division ( Not Grand Champion)

## ii. Team Event Prizes:

1. Men ( 4 man) ( €1,000 )
2. Women ( 3 Woman) €500
3. Junior ( 3 boy – 1 girl) €250
4. Cadet ( 3 Boy – 1 Girl) €250
5. Younger Cadet ( 3 Boy – 1 Girl) €250

## 9 ETHICAL COACHING – ETHICAL ATHLETES – FAIR PLAY FOR ALL

- a. **A novice** is somebody who has not fought more than five matches in any martial art. If in the opinion of the majority of the referees on the Area the person is not a novice, they will be disqualified by majority decision (no refund). **We unfortunately had to disqualify 27 people last year.**
- b. **An Intermediate** is somebody who has **not** won an intermediate tournament before, and have **never** fought in an advanced division, they are training for less than 18 months. **We unfortunately had to disqualify 16 people last year.** If in the opinion of the majority of the referees on the Area the person is not a Intermediate, they will be disqualified by majority decision (no refund).



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- C. Why do we enforce this?.** IO is run for a children's charity, that's whole focus is the protection of Children and we will not apologise for protecting them, for protecting our future Athletes. We must protect the beginners and intermediates as they are our future. **YOU HAVE BEEN INFORMED.** Please don't make it difficult for everybody. It looks bad for coaches it looks bad for Athletes and it is bad for everybody.

## **CHANGE THEM NOW IF YOU ARE IN DOUBT**

### 10 **INTERNATIONAL MASTERS SEMINAR**

All Seminars are on a **PRE BOOKED** basis only and places are limited, last year we had to turn people away because of over booking.

- a. Date: Thursday 2<sup>nd</sup> March
- b. Time: 7pm
- c. Venue: City west Conference centre
  - i. Fighters Master Class ( WINNING FORMULA)

#### **1. USA Allstars (USA)**

- a. Raymond Daniels
- b. Jack Felton
- c. Trevor Nash
- d. Robbie Lavoy

#### **2. Booking Fighters master Class E mail: [irishopen@gmail.com](mailto:irishopen@gmail.com)**

- a. Details required for each person.
  - i. Name
  - ii. DOB
  - iii. Grade
  - iv. Club

#### **ii. Forms – Weapons Seminar BREAKING DOWN THE BARRIERS**

#### **1. Team Jean Paul Mitchel (USA)**

- a. Tyler Weaver
- b. Reid Presley
- c. Mackensi Emory



**IRISH OPEN**

THURSDAY  
2 MARCH 2017  
AT 7:00 PM

**THE PAUL MITCHELL EXPERIENCE**

RESERVE YOUR SPOT TODAY!

[WWW.TEAMPAULMITCHELLKARATE.COM](http://WWW.TEAMPAULMITCHELLKARATE.COM)

REGISTRATION €20 FOR KIDS €25 FOR ADULTS  
€40 AT THE DOOR

INSTRUCTED BY JACKSON RUDOLPH | MACKENSI EMORY | REID PRESLEY | TYLER WEAVER

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- d. Jackson Rudolph
- e. Lauren Kearney
- 2. Booking Breaking Down Barriers Master go to [www.teampaulmitchel.com](http://www.teampaulmitchel.com)
  - a. Details required for each person.
    - i. Name
    - ii. DOB
    - iii. Grade
    - iv.

## 11 Irish Open Schedule (DRAFT)

### a. Thursday 2nd March

- i. 10am - 10pm Competitor Registration ALL
- ii. 7pm - 10pm International Masters fighting Seminars
- iii. 7PM – 10pm JPM USA Forms team Seminar ( Trix – Weapons-Forms)

### b. Friday 3rd March

- i. 9am – 12 noon Competitor Registration ALL
- ii. 10am – 12 noon Full Contact Fighter Medical Check (Mandatory)
- iii. 2pm Draft Adult Draw (Friday) sheets issued. Sportsdata
- iv. 3pm – 3.15pm **Jöel Bouzou Peace and Sport White Card Initiative**
- v. 3pm – 9.30pm All Team Events, Fighting ( 4 Areas)
- vi. 3pm - 9.30pm Full & K1 Eliminations ( two rings)
- vii. 3pm - 9.30pm Light Contact Eliminations ( 12 Areas)  
Up to Semi Finals
- viii. 3pm – 9.30pm Point Fighting Veterans ( up to Semi finals)
- ix. 6pm – 8pm Musical forms teams - trix
- x. 8pm Draft Draw sheets issued for Saturday and Sunday
- xi. **8pm – 9.30pm **Change Table open for all proposed changes.****

\*\* Note it is the responsibility of the coach to review their competitors and ensure they are in the correct divisions/category. No changes after this time will be made

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## c. Saturday 4th March

( Note any changes or omissions to draws must be made previous evening it is the responsibility of the coach to check the online system)

- i. 9am -6pm
    1. All remaining Light Contact Sparring ( 4 Areas)
    2. All Adult Advanced Point Sparring ( 8 Areas)
    3. All Junior Advanced Point Sparring ( 8 Areas)
    4. Cadet/Junior Forms/Weapons/Trix ( 2 Areas Second Floor)
    5. Full and K1 Eliminations
- ( NOTE RING SPORTS WILL CONTINUE IN TO SUNDAY ALL DAY)
- ii. 7pm-11pm Irish Open Night Of Champions  
\*\*Note select only \*\* 7 PF – 2 FC 2 K1 – 3 LC matches -  
Forms Tricks battle - \*\* Cash Prize €250 \*\*)

## d. Sunday 5th March

\*\* NOTE No changes to published sheets\*\*

- i. 9am Opening Ceremony
- ii. 9am – 6pm ( 14 Areas)
  1. All Pee Wee Point Sparring
  2. All Younger Cadet Point Sparring
  3. All Older Cadet Point Sparring
  4. Adult Forms/Weapons (Second Floor)
  5. Full & K1 Finals ( 2 Rings)
- iii. 4pm – 6pm
  1. Male Grand Champion ( 4 Areas)
  2. Female Grand Champion ( 2 Areas )
  3. Junior Male Grand Champion ( 2 Area )
  4. Junior Female Grand Champion ( 2 Area)
- iv. 10pm
  1. Legendary Irish Open After Party (White Clothing Party)